

Beaconsfield Banner

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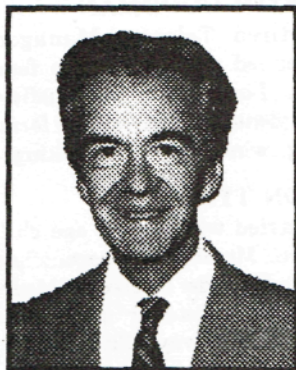
NEWSLETTER CO-ORDINATOR TED HORTON Ph. 707 1313 ASSISTANT MARGARET BOON 707 5053
ADVERTISING CO-ORDINATOR TONY RUSHTON Ph. 707 1765 BANNER POSTAL ADDRESS P.O. BOX 217 BEACONSFIELD 3807



Shire of
Pakenham

What's Happening at Council

by Pakenham Shire President Councillor Keith Ewenson.



Council Budget 1994 to 1995

We are about to conclude another budget for the Municipality. In Beaconsfield, some of the capital improvements will include:-

- * Paths to commence in the Bob Burgess Reserve
- * A reseal of the car park in the Recreation Reserve
- * Streetscape outside the shops on Old Princes Highway.
- * A footpath on the north side of the highway between Wallace Street and the Recreation Reserve.

Council deliberations have produced a budget with an increase of 2.9% which is marginally above the cost of living adjustment. We believe the program that is proposed is a constructive one achieving significant capital works out of revenue, and minimising borrowing. The most contentious item with the Councillors was the provision of funds to pay for future commissioners. It was pointed out that the rates could be lowered by 9% if no commissioner's allowance was made. But

Keith Ewenson,
McBride Rd.,
Beaconsfield Upper.3808
(059) 44 3372

in budgetary provision they would slash something else and residents services would suffer. After discussion the provision remained in the budget.

Launch of Weed Awareness.

A special kit to heighten awareness of residents to the threat of noxious weeds was launched by the Minister for Natural Resources, the Hon. Geoff Coleman on Wednesday 21st September at the Shire Offices. Incidentally, the spray equipment that was available from the Lands Office is now available for hire from the Shire Depot.

Municipal Restructure.

The Council and Officers are greatly encouraged by the many letters of support received for the Shire. Your opinion and support is valued by the Council. It is thought that the interim report could be released in mid October. After that we have fourteen days to express an opinion. I believe that we should directly advise you what is recommended and seek your immediate response. We want your opinion. This fourteen day period will be a vital stage where desperate actions will take place.

ANNUAL GENERAL MEETING

BEACONSFIELD PROGRESS ASSOCIATION Inc.

The Annual General Meeting of the Beaconsfield Progress Association Inc. will be held at Beaconsfield Community Centre at 7.30pm. on Tuesday 25th October, 1994.

Guest Speaker: Mr. John McCaffrey
Planning Department, Shire of Pakenham.
To speak about and answer questions on traffic and parking in Kindergarten / shops area. Parking and future development around Community Centre. Plus other planning matters.

Also nomination and election of new committee for the period 1994 to 1995.

**THIS IS A PUBLIC MEETING OPEN
TO ALL
RESIDENTS INTERESTED IN THE
FUTURE OF
THEIR COMMUNITY.**

Please come along.



**BEACONSFIELD BONFIRE NIGHT
MONDAY 31ST OCTOBER 1994 6.30PM
At the Bob Burgess Reserve.**

**FREE ENTERTAINMENT FOR ALL THE
FAMILY.**

PETER AURISCH



Well known Beaconsfield resident Peter Aurisch was born just over 70 years ago in Berwick. His parents who lived in Harkaway at the time gave him the Christian names : George Richard. To this day he doesn't know how he got the unofficial name 'Peter'. Jack might have been a more appropriate name for he has lived life as a 'Jack of All Trades' and has been master of many !

There have been five generations of Aurisch's living in Australia. The first came out to Australia in 1880 from Germany. Peter's memories of his own childhood indicate that he left school at the early age of 12 and worked at "ANY DAMN THING TO MAKE A BOB !". This down to earth spirit of determination is still very strong in his character to this very day.

Although born in this district, he actually went to school in eastern Victoria near Kosciusko as his Mother and Father had bought a dairy farm at Bonang in High Plains country. Things were different and much tougher in those days. Peter's first job was, at 12 years old, droving cattle from the mountains to the markets in Orbost and Bairnsdale. At 7 years of age his Mother taught him to play the button accordion and before he was 11 he played in a band at country dances. Throughout his childhood he assisted his Mum and Dad in farming. As well as this he captured wild brumbies in the

bush, broke them in and sold them for 10 Shillings each. That was a lot of money in the 1930's.

At 14 Peter left home to go and work for a timber company in Erica, near Whalhalla. He lived independently in his own quarters. The work as a feller was hard. His employment was broken by war duties through 1941 and 1942. He was called up to serve in a regiment in Melbourne. After 2 years, the military felt that Peter could serve his country better by felling trees back in Erica. He stopped there for a short while more before going back to dairy farming, an industry that he knew well.

Peter met his wife Marjorie 45 years ago in Orbost. The steady influence of marriage didn't stop Peter from trying his hand at very many different jobs in his life. He worked for the Shire of Warragul, worked in a quarry at Jindivick, on a coal stage back in Warragul, laying water mains as a contractor and finally for Heinz in Doveton for 10 years in the pump house and boiler room and 5 years in the factory. In between all these jobs, Peter has run dairy farms in Warragul, Cora Lynn and Beaconsfield. He established and developed the 200 acre dairy farm on the hill side South of the Cardinia Creek in Beaconsfield, which is now fast disappearing under roads and a new housing estate.

Peter and Marjorie raised most of their four children on the Beaconsfield farm before moving into their current home in Horner Street. This brick house was strangely moved in, from a site in Mulgrave, by Peter. It took him 3 weeks and one day to pull it down and transport it all from Mulgrave to Beaconsfield. It then took him 12 months to rebuild it brick by brick in Souter Street.

Cont. Page 17.

BEACONSFIELD PROGRESS ASSOCIATION ANNUAL GENERAL MEETING

For the interest of people who reside in Beaconsfield, the Annual General Meeting of the Progress Association will be held at the Beaconsfield Community Centre on Tuesday 25th October. The current committee will stand down and Councillor Ted Owen for the Shire of Pakenham will take the chair. Ted will be calling for nominations from the floor for people to form a committee for the next 12 months.

The committee consists of 10 - 12 people and from this a Treasurer and Secretary are selected. The group then discusses and votes for a President and Vice President.

The outgoing committee some of whom will renominate have a broad range of skills and experience within the community. Following is a brief introduction and short profile of current serving committee members. Everyone in the community has something positive to give such an association so please don't be afraid to come along and join the committee for the next 12 months.

The committee until Tuesday 25th October consists of:-

PRESIDENT - TED HORTON :-

Self employed salesman. Married, with grown up family. Residing here for last 17 years. Interests - Art, theatre, choral singing, camping, cycling and gymnasium.

VICE PRESIDENT - TONY RUSHTON :-

Self employed Electrician. Printer and Badge Maker. Married with grown up family. Beaconsfield resident for 29 years. Worked for the SEC, associated with Minibah. Interests - Computers, Square Dancing, four wheel driving.

SECRETARY - GRAHAM BAKER :-

Self employed Landscape gardener. Single. Resident for 4 years. Interests - Boating, fishing, camping, travelling, ex tennis player.

TREASURER - WILLEM BOON :-

Foreman at Boons Rose Growers. Officer. Married with 3 children at school and pre school. Interests - Gardening, family, renovating home, vintage wine, distance cycling.

COMMITTEE MEMBERS

DULCIE RUSHTON :-

Full time mother of 3, two living at home and Bruce at Swan Hill.

KEITH GOODMAN :-

Retired Telecom Manager. Married with grown up family. Long time Beaconsfield resident Interests - Hobby farming, wine and wine making.

DON TYE :-

Married with school age children. Member of Beaconsfield Fire Brigade. Interests - Model railways, founder member of Model Railway Club.

KATH CLARKE :-

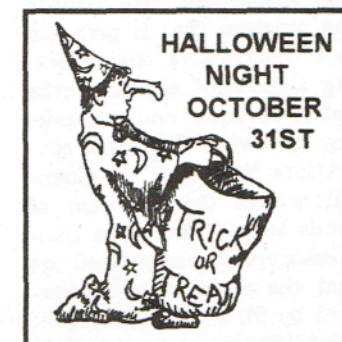
Retired Railway Station Manager. Long time Beaconsfield resident. Interests - Fine needle work, member of C.W.A and Historical society.

ROY & DOROTHY SIMPSON :-

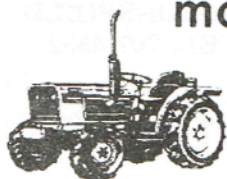
Retired farmers, farmed land now occupied by Moorabbin Airport. Both active in Midway Group. Interests - Dorothy is well known for her cooking and crochet rugs while Roy takes a keen interest in horses.

JAN IRVINE :-

Partner in Villa Mar, O'Neill Road. Long time Beaconsfield resident with grown up children. Interests - Horses and horse riding, involved with Beaconsfield Scout Group.



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Presidents Patter.

(Written by Ted Horton)



Ted Horton

This will be my last report as President of the Beaconsfield Progress Association as I am standing down at the Annual General Meeting on Tuesday October 25th.

I have been President now on and off for three years and secretary for about the same time too as well as serving on the general committee. I feel it is time to give others a go and recharge my batteries doing something else for a change.

After a rebirth of the Association some years back I have witnessed some interesting developments occur such as The Banner Newsletter, the holding of the Bonfire Night and the involvement in holding Community Fairs. Each of these have brought the community of Beaconsfield together and long may they continue into the future.

Over this last 12 months the Progress Association has actively pursued many matters of concern such as:-

1. Unsafe and inaccessible footpaths.
2. Parking problems in front of businesses, schools, Community centre and Swimming School.

3. Sealing of unmade roads.
4. Street traffic exit from Stella Street.
5. Possible Council amalgamation.
6. Neighbourhood Watch
7. Dangerous road intersections.
8. Maintenance of the area of Beaconsfield South of the Creek.

The Association has also been active with other matters such as public opinion about the Cardinia Creek Regional Park, making donations to the New South Wales bushfire relief fund, informing the Shire Council of future needs for funding in the town, purchasing a computer for the production of the Banner and liaising with council over a tree planting programme for the town.

Yes, the Association has been very functional and effective in its activities over the past year and can feel proud that it has achieved so much. It is essential that the Progress Association should continue its active role in this ever growing town of ours. I ask all readers to support the hard working committee members and attend the Annual General Meeting on Tuesday 25th October. A new committee has to be elected for 1994-1995 and I do urge all community minded people to come along and put their money where their mouth is! In other words, put your name up for election on to the committee and have some say in the future of your home town. **HOPE TO SEE YOU THERE ON THE 25TH OCTOBER AT THE COMMUNITY CENTRE.**

ELM LEAF BEETLE

The Shire of Pakenham is very concerned about the spread of Elm Leaf Beetle throughout the district. It is impossible for the Council to be particularly successful in eradicating the problem, especially where the infected

ing the beetle, private landowners may now obtain Elm Leaf Beetle eradication kits from the Pakenham Shire council. While the problem seems to be impossible to overcome in a wide area, it can be solved on individual trees with



BUSINESS AWARDS BREAKFAST REPORT

The second business awards breakfast held at Melaleuca Lodge on the 4th October 1994 was an outstanding success. Organised by the Pakenham District Business Development Group, this was the first breakfast where award nominees presented their business profiles. Over 80 attendees heard keynote speaker, Mrs. Denise Nabb from McDonalds Australia give an exciting and informative presentation on marketing. Mrs. Nabb is the franchisee of both the Cranbourne and Pakenham McDonalds stores. It was clear from the audience response to her presentation that her success is due to her talents and communication skills. The importance of local community involvement in marketing is a key aspect to all business. At McDonalds Pakenham, over 10000 customers pass through the doors weekly which is no small feat for a town whose population is not much greater than 8000. All the additional out of town customers bring money and jobs to the Pakenham Region.

The two award nominees presenting their business profiles were Mr. Andy (Robert) Gordon of Robert Gordon Australia, in Pakenham and Mr. Andrew Page of Australian Rotomoulding Industries in Officer.

Mr. Gordon established his pottery business in Pakenham in the 1980's with a handful of employees. Through good design, unswerving commitment to quality and advancing the boundaries of ceramic technology, Mr. Gordon has now established a local business employing 70 people with over 1000 retail resellers and agents in Asia, Japan and recent in roads into the American market. Many people at the breakfast would have been unaware of the scope of this business on their doorstep and the talents of this modest man.

this business manufactures a range of domestic water tanks as well as agricultural and chemical storage tanks. Mr. Page spoke about the experience of establishing a new business and the hard work and organisation that goes into "getting it right" ARI must have got it right with their range of PolyTuff water tanks as they have established a Victoria wide distribution channel of 50 outlets with some interstate sales, all within 12 months.

Both award nominees are clearly businesses with enormous growth potential and assets for the Pakenham Region. The awards program is obviously going to be hotly contested with prizes of around \$10,000 and recognition of achievement the rewards. Further information on the business awards and other activities of the Pakenham District Business Development Group can be obtained from Paul Chapman on (03) 796 2302.

CHILDBIRTH EDUCATION CLASSES.

Childbirth Education classes will commence at Mountain District Community Health Centre. The next five week course commences Wednesday 9th, 7-9pm. The aim of the classes is to assist parents-to-be to feel confident about preparation for labour, parenthood and the new family, with increased information and participation through pregnancy and the birth process.

The other vital aspect is the development of networks and friendships in the local community, so that the services available to new parents are known.



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Beaconsfield Community Centre Inc.
P.O. Box 2 Beaconsfield.

Ph. 707 3449

BEACONSFIELD COMMUNITY CENTRE

(written by Margaret Boon)

ITS NOT TOO LATE TO ENROL.

If you haven't enrolled in any courses for Term 4 at the Beaconsfield Community Centre it not too late. Vacancies are still available in the following courses :

GIFT IDEAS UNDER \$5.

Thursday 27th October.
10.am-12. Cost \$5.00

HOME DECORATING IDEAS

Thursday 17th November.
9.30 - 11.30am. Cost \$5.50.

GINGERBREAD SLEIGH

ANTIQUÉ WORKSHOP

Sat & Sun. 3rd & 4th December. 10am - 4pm. Cost \$40.00 plus materials.

WEIGHT LOSS MEETINGS

They have proved to be very popular. Come along and join this group of positive people on Thursday mornings at 9am. WHAT HAVE YOU GOT TO LOSE?

Ring Sue for any enquiries or enrolments. Phone 707 3449.



SAFETY HOUSE FOR BEACONSFIELD.

The Progress Association has been approached by the Beaconsfield Primary School to assist in establishing and developing the Safety House programme for school age children. It is a community based programme that can protect children whilst walking to and from school.

It is primarily a preventative programme but also assists children if they encounter any problem. Unfortunately children at local schools do not yet have the advantage of the support this programme can offer. An introduction information kit is available at the Primary School. It would certainly be a desirable asset to this town to have such a programme of care. If any 'concerned' household is wishing to volunteer please write to The Banner or apply to the Beaconsfield Primary School.

CARDIAC MANAGEMENT AND REHABILITATION PROGRAM

The Mountain and District Community Health Centre is now offering a cardiac management and rehabilitation program which follows the guidelines of the National Heart Foundation.

The three key elements to the program are exercise, education and support. The key objective is to assist clients to make the necessary lifestyle changes which will enhance cardiac health and/or assist in rehabilitation after heart attack or surgery. The program will be conducted weekly in Pakenham over a period of eight weeks.



This will commence on October 25th 1994. There will be four eight week programs held per year thereafter.

This program is for people who have or have had :-

- * Angina
- * Heart Attack
- * Cardiac Surgery
- * High Blood Pressure
- * High blood cholesterol
- * Overweight
- * Diabetes
- * Physical inactivity

Transport is available for clients as required, for further enquiries please contact Sue Bradley or Brigitte Karnakowski (Community Health Nurses) on 059 688 146.

CHILDBIRTH EDUCATION CLASSES.

Cont. from page 4.

A group of Mountain District Community Health Centre staff, including physiotherapy and midwife/childbirth educator bring a complement of expertise to this course. The cost is \$5. per couple per night and health card/student concession is available. For inquiries and bookings contact reception or Sue on (059) 688 146 Cockatoo, or (059) 401 866 Pakenham.



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(PART OF THE BEACONSFIELD SWIM SCHOOL COMPLEX)

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NATUROPATH
46-50 PRINCES HIGHWAY
BEACONSFIELD 3807
PHONE 707 3892

RAINFALL IN BEACONSFIELD

Dr. R. C. Webb.



Dr. R. C. Webb.

Since the high February rainfall of 119.6 mm, the monthly rainfall totals have been much lower than usual. The Autumn rainfall was a moderate 121.9 mm for the three month period, March, April and May.

The Winter rainfall was the very low total of 125.4mm for the three months June 66.2 mm, July 20.5mm and August 38.7 mm. The number of days on which rain fell were June 13, July 13 and August 15 days.

The highest daily rainfall for the winter months was only 23.8mm on 25th June. The next highest daily rainfall for that period was 11.7 mm on

the 19th June. The July rainfall of 20.5 mm was the lowest for many years. The first half of July was remarkable for a pleasant spell of warm weather, with maximum temperatures in the range of 19 to 22 degrees C. During the 18 day period, from the 28th June to the 15th July there was only one day on which rain fell and on that 1.2 mm fell. During September the rainfall was again below average, totalling 64.9 mm with 21 days of rain. There were steady but not heavy bursts of rain, with 25mm in the last 21 days of the month.

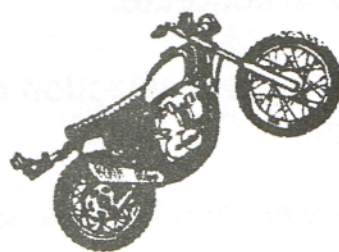
The total rainfall for the 9 months of 1994, up to the end of September was only 476.3 mm. This is by far the lowest during the last 10 years. For comparison, figures for recent years are :-

1991 ... 736.3 mm for the 9 month period.
1992 ... 587.2 mm
1993 ... 575.8 mm
1994 ... 476.3 mm

Footnote : While typing this article, on Friday 7th October, I can accurately report that the rain is coming down 'in buckets' outside!
Ed.

TRAIL BIKES

An extract from an article published in the Upper Beaconsfield Neighbourhood Watch Newsletter



If you are troubled by trail bikes — particularly at weekends — most of which are unregistered and the riders unlicensed then phone the

police at Pakenham on 059 411 033. If they have officers available, they will investigate.

You are entitled to peace and quiet, and you don't have to put up with this noise. It makes little difference whether they are on the road or on private property, its still against the law and the Shire By Laws.

KEN BRYAN 707 3864

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FAMILY VIOLENCE COMMUNITY RESPONSE GROUP

As a response to family violence in our community, a group has developed stemming from a meeting held in April 1994. The group has clearly identified its aims :-

* To encourage the community to be involved in developing, supporting and maintaining the network.

* To develop strategies to provide education in the community on relevant issues regarding family violence.

* Developing resources and support through awareness, which enables and encourages the community in making positive changes towards the issue.

* Explore preventative responses as opposed to "The Cure" to family violence.

This group defines family violence under the following headings.

PHYSICAL ABUSE

Hitting, punching, pushing, slapping, pulling hair, etc.

VERBAL THREATS

Swearing and name calling, humiliating, threatening to hurt or kill.

EMOTIONAL ABUSE

Telling partner he/she is useless or lazy or dumb or ugly. That he/she is the one with the problem.

SEXUAL ABUSE

Forcing partner to have sex or do sexual acts against their will.

FINANCIAL ABUSE

Keeping partner totally dependant, not giving enough / any money to buy household items or other basic needs. Taking total control of all income.

SOCIAL ABUSE

Being kept isolated from family and friends. Insulting/humiliating partner in front of family/friends, or in public places.

SPIRITUAL

Using God as a threat and a weapon to manipulate the situation.

To work towards and maintain the above needs involves commitment from the community. This group is looking for interested community members and ESPECIALLY those who have worked through experiences of family violence. Part of this group's focus is breaking the silence of family violence in the community, hence the need in drawing upon the resources and skills of people who have experienced family violence. Anyone interested may contact 'The Network' or leave a message for Sue Biddiss at the Citizens Advice Bureau on 059 412377 or Anne at Mountain District Community Health Centre on 059 688146. Public meetings will be held from time to time with guest speakers on this topic.

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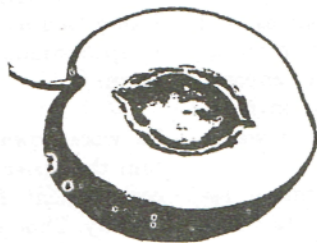
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**A TIMELY NOTE FROM PAKENHAM
CITIZENS' ADVICE BUREAU Inc..
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MAKING THE MOST OF LIFE

The Citizens Advice Bureau in Pakenham has information on the United Nations Day for the elderly with the theme being "Making the Most of Life." The big day is Friday 30th September, which unfortunately this paper was unable to promote. However the Bureau would like to publicise the following....

Are you aware of the Department of Social Security changes that have come about? As from 20th September a new Partner Allowance will replace job search, Newstart and sickness allowance as well as the special benefit to couples which was paid to the

claimant. This change will mean that each partner will receive half the total of the married amount now. On the 29th September a new payment called Home Child Care Allowance was introduced to replace the Dependant Spouse Rebate for Families.

To keep up to date with what is happening in your community you can always contact your Citizens Advice Bureau at 66 Main Street, Pakenham. Call in or phone 059 412377 between 10.30 am and 2.30pm Monday to Friday. Your C.A.B. is there to keep you informed.



1st. BEAconsFIELD CUB NEWS

(Written by Laurence Hardy)

On 26th August, 1994, the 1st Beaconsfield Cub Scouts along with Officer. Upper Beaconsfield and Pakenham Cub Scouts left for the Lord Mayor's Childrens Camp, Portsea.

That night we went for a hike along the shore to one of the piers. We endured times of hardship as such few humans have experienced and still survived! That night it was very hard to get to sleep!

The next morning the leaders woke us up at 6.30am. After

breakfast we then went down to the beach where we had a Treasure Hunt. We had to find a crocodile and a clock that was buried a foot deep. It was great fun!

On the last day we had a war between "good" and "evil". Everyone had swords and guns. Some even had cannon balls. We enjoyed a filling lunch and headed back home.

A big thank you to all Leaders who participated. It would not have been the same without you.

ANNUAL GENERAL MEETING BEAconsFIELD PROGRESS ASSOCIATION Inc.

The Annual General Meeting of the Beaconsfield Progress Association Inc. will be held at Beaconsfield Community Centre at 7.30pm. on Tuesday 25th October, 1994



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Beaconsfield Baptist Church News

These days there is happily an ecumenical spirit abroad and folk tend to worship where they feel most at home. Beaconsfield Baptist is very much a family church and people of all ages are welcomed.

This month sees the 8th Anniversary of the dedication of our sanctuary situated on the old Princes Highway, next to the Learn to Swim Centre. Before that we had been worshipping in the adjacent charming old weatherboard church building facing Railway Avenue. We use it mainly as a youth centre these days. Fortnightly on Friday nights the junior youth group (8-12 years) meet. The programme for October-November is as follows:

Friday Oct. 21: Film night (6 p.m. from the church, return 9.30 - cost \$5)

Nov. 4: Games night at the church, 7 p.m.-9.0 p.m.

Nov. 18: Outdoor games night and Bonfire. (Depart church 7.30 p.m.)



We also have a youth group for those in their 'teens, doing such things as Rollerblading, Rock Climbing and Absailing and other informal activities.

The good support from the Beacie community on previous occasions has encouraged us to plan another "Carols by the Creek" on a Sunday night in December.

Ladies, if you are new to our area and want to make new friends, try our "Make and Mingle" on Wednesdays starting at 10 am. You'll find some in your age group whatever that is, and enjoy craft activities or a cuppa and chat.

Our church services are at 10.30 am. and 7.0 p.m. on Sundays, and we have informal home groups during the week.

Further enquiries are invited to Rev. Fred Rudd, on 707 4160.



YOUNG FARMERS CLUB NEWS



Horse riding and theatre sports are just two of the exciting things that Young Farmers have been doing. Young people in the Berwick area have met twice this month with the support of surrounding Young Farmers clubs. On Saturday 24th September, a group of twenty people met at Akoonah Park grounds, including Dandenong, Warragul, Korumburra and future Berwick Young Farmers. They had a relaxed game of cricket and a sausage sizzle. Following this they had an action packed horse ride in Narre Warren and a drink afterwards at the Berwick Inn

to soothe their aches and pains.

Still, they came back for more the following week to test their improvising skills with Theatre Sports that locals had organised in Berwick. This was a great way for interested youths to get to know each other.

Dandenong Club are running a mock meeting at the Akoonah Park for all who would like to come and see what Young Farmers is all about. The date is Sunday October 23rd ...time 7pm. For enquiries please contact Fiona on 059 443427 or Dougaid on 03.707 2252.

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OUR NATURAL WORLD



Peter Hansen

One of the disadvantages of life in a modern industrialised country, even one as good as our land 'Australia', is that in direct proportion to the controls and computerization that make us little more than long lines of digits, so we lose the personalisation and magic of positive beliefs that guided the lives of our ancestors. Through countless generations they read, listened to, and gave obedience to the forces and rhythms of nature, and this trust and adherence to the ways of their fathers and those before them, largely worked well for them, and most importantly kept the obvious spiritual aspects on a very personal level.

It is refreshing therefore to look back to great civilisations and see where the greatest and most powerful rulers practised and upheld the mystical aspects in the lives of their people, and in the administration of vast kingdoms, many putting ours to shame, in scope and attention to detail in application of the spiritual (not just material aspects of living).

Such a one was Ancient China, whose standards of civilisation over thousands of years reached unheard of levels, while Europeans were still living in caves, wearing animal skins and whose claim to fame rested solely with cave

their dead under pieces of rock (forerunner to our grave stones).

This practise by the way was not as a mark of respect or love, but in the mistaken belief that by so doing, the interred spirit would not be able to harass and bedevil the living, and make their lives any more miserable than they already were.

In olden China there was a State run system called "Feng-Shui" or "Geomancy" and this system was upheld and directed by the emperor himself. It was a state controlled science and art, based on the divine aspects of mother earth, linking the laws of dynamics and aesthetics, to use the natural "flow" of the earth's magnetism to work for the harmony of mankind, and the mystical laws of the landscape, including buildings, roads, house locations, shape, size, and even where doors and windows were placed, directions of facing a structure (i.e.: North, South, East, Etc.).

All this was designed to allow unimpeded flow of the visible energy lines that surround us, and by working with nature, we profit in other ways such as health, wealth and happiness etc. bringing beneficial "flow" into our own lives such as nature normally has, until interfered with by man. (Just look at our cities to see disharmony).

An inspired example of "Feng Shui" in England is Salisbury Cathedral, rising above the water meadows of the Avon River. Its tall spire is perfectly blended with the landscape, and is possibly the most photographed and painted (or just admired) building in England. It is aesthetically beautiful capturing mystical properties that are hard to define.

Cont. on Page 17



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DIARY DATES

- 22nd. October
Night Tennis Round Robin.
- 23rd. October
Young Farmers 7pm. Meeting
- 25th. October
Progress Association A.G.M.
- 31th October Cup Weekend
Bonfire Night.
- 4th. December
Carols by the Creek

** If you would like a special date for your organisation eg. fundraising event, A.G.M. etc. drop a note in the box at the Post Office.

APOLOGIES

The Banner sub committee regrets that no reference was made to THE TACO BILL RESTAURANT in Beaconsfield for their special recipe in the last edition of the Banner. If you liked what you cooked then phone 707 2477 and book a table to sample more of the real thing! If you tried the recipe and it didn't work out, then the cooking at Taco Bills will undoubtedly be an improvement! Support your local restaurant.

RECIPE CORNER

CHEESE AND BACON QUICHES.

INGREDIENTS

- 1 Cup of milk
- 1 Cup of S/R Flour
- 1 Egg
- 125 Grams Grated tasty cheese
- 125 - 200 Grams chopped Bacon (Cooked)
- 1 Chopped Onion (Cooked)



METHOD

Mix all together till well combined. Place mixture in heavily greased and floured patty tins. Cook in a hot oven (Approx. 220 C) for 15 to 20 minutes. Makes approx. 12 to 16. Other flavourings may be added such as mustard, curry powder or garlic.

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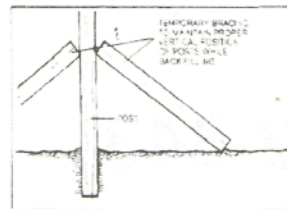


All materials and easy-to-follow plans to build this **PERMA ROUND LOG RETAINING WALL** are available from

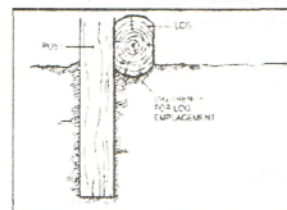
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- Measure posts and cut them to length. Embed the posts vertically side and back. Back fill the post holes with several well-compacted 15mm layers of soil or a mixture of 6 parts of soil and 1 part of cement. Concrete can be used to hold the posts in position but should be finished off 100mm below ground. Temporary bracing of posts with timber struts will ensure that they maintain their vertically plumb position during back filling.

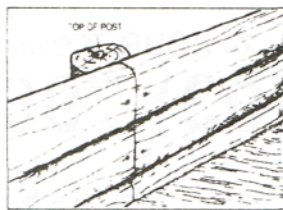


- When posts are securely in position, trench behind them to position the bottom line of logs as a base.
- Place the bottom line of logs in the trench. Ensure that the ends meet at the centres of the posts. End posts have the logs level with the outer circumference of the post. Back fill behind the logs with earth or sand and ram firmly.

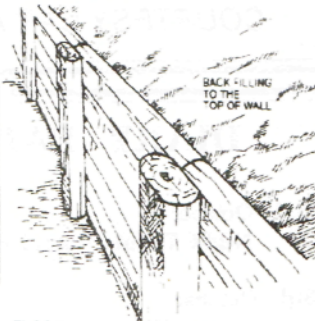


- Continue placing the lines of logs in position, hard up against the posts and reversing thick and thin ends of the logs to maintain a fairly level top. As each line of logs is positioned, ram the back fill firmly to keep the logs hard up against the posts. The top line of logs should be fixed to the posts with hot dipped galvanised fasteners obtainable from the log supplier.
- Build the wall until it reaches the required height. The tops of the posts should be level with each other. Some people like to have the

post tops protrude above the logs, others like to have them level with the tops of the logs. It's your choice.



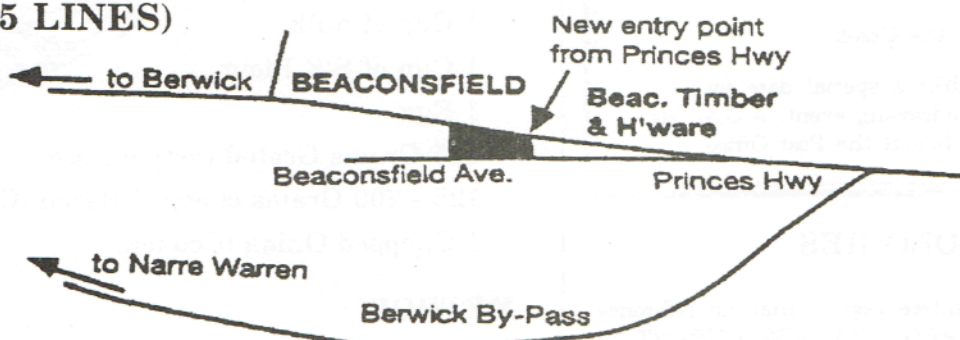
- If corners have to be turned, logs should be mitre cut at the ends to fit together. They may also be pinned together at the corners with long, hot dipped galvanised screws or nails.
- Complete construction with a final ramming of back fill to ensure that the top is hard against the posts. The earth fill at the top should be below the top circumference of the logs to prevent spillover. Check that all post tops are level with each other, and that all corners are fixed securely. Brush the wall to remove all earth or cement.



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BRICKBATS To The noisy trailbike riders that regularly disturb the peace in their illegal pursuits.

BOUQUETS To the Shire of Pakenham who have come out with big plans for tree planting in Beaconsfield and to St. Francis Xavier who will be assisting

BRICKBATS To the people who continually park in NO STANDING areas in Souter St. and Beaconsfield Ave.

BOUQUETS To the people who continue to support the Banner with advertising, articles and the other work.



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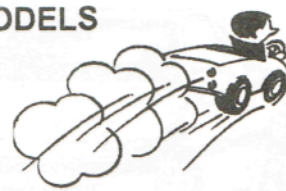
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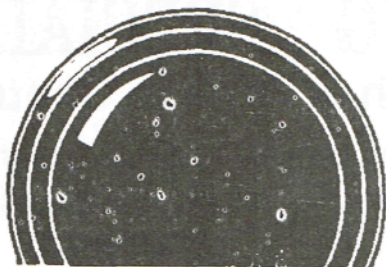
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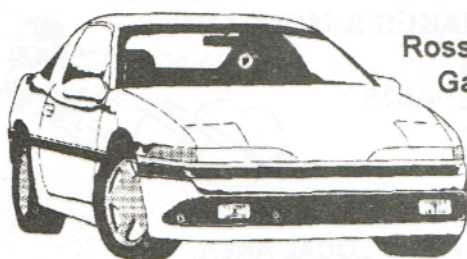
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ANKLE INJURIES

By Vincent Chan



Ankle sprains are one of the most common injuries in sports and one which can initially be managed very effectively by the player themselves, thus enabling an earlier return to activity and full function. The area most often involved is just in front of the outside ankle bone (lateral malleolus). This is the lateral ligament of the ankle which consists of three parts in a "T" configuration. Its role is to stop excessive turning in of the foot, but if the force is greater than the tensile strength of the ligament, damage results.

You can't always prevent an ankle sprain as you may step on another player's foot or the ball or in a hole. What you can do is make sure you are fit for your sport so that you have the necessary power, endurance and reaction time of co-ordination to deal with any potentially injurious incident.

If an injury occurs then you have to apply the P.R.I.C.E. principle. First Protect the area by removing yourself from the game and then Rest the ankle to avoid aggravating the bleeding. Apply Ice for 15-20 minutes in a damp towel or plastic bag and give Compression with an elastic bandage. Finally Elevate the area to reduce the swelling. Ice can be applied repeatedly over the first day. By applying first aid to your ankle you minimise bleeding and swelling which promotes a quicker and fuller recovery. Heat can be applied after 48 hours or later if the swelling is still increasing by the end of each day and is not yet stable in size. Heat is best applied to loosen the ankle up in the morning or before exercise. After exercise finish with ice.

Rehabilitation of an ankle can begin as soon as pain allows the person to gently restore the range of the ankle. This may be the following day for most people. A program will aim to gain full painfree range of motion, strength, proprioception

(co-ordination) and function for their sport. Most ankle rehabilitation exercises can be continued at home after being directed by a therapist in a program.

Typical exercises range from stretching in a warm whirlpool or by the therapist, rubber tubing or balance board for strength, progressing to higher functional activities such as hopping forward on a diagonal, over objects and with the eyes closed. Once full sporting function is the same as the good side without fatiguing prematurely then you minimise the risk of re-injury.

People often tape or brace an ankle after it has been injured to prevent further injury. Others tape all the time even if there has never been any sprain. If a brace is being used it must be able to physically stop the ankle from turning in and not just an elastic support. In fact taping and bracing allows a player to return to sport earlier as it protects against further damage and it can be used prophylactically for a short term full confidence has been regained. The one aspect that is open to debate is whether long term taping or bracing is an advantage for a player that has or has never sustained an injury.

Provided the taping is applied properly or that an effective brace is being used, long term prophylactic taping or bracing has not been shown to adversely affect muscle power or coordination and therefore 'weaken' an ankle. On the other hand, is it worth the expense or inconvenience to tape every time a game or practice comes up? The answer to this question lies with the individuals own preference and with what they are happy with. Of course there are a few individuals who ankles have been so severely sprained that taping or bracing is a must.

Cont. Page 20.

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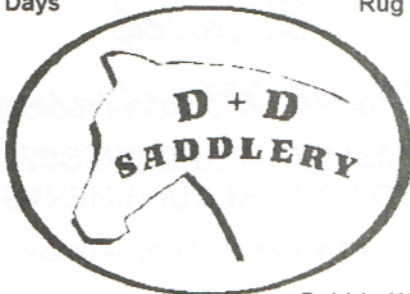
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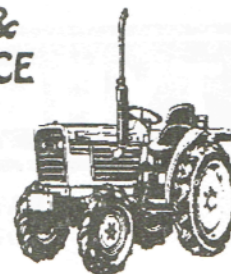
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OUR NATURAL WORLD

Cont. from Page 10

On a smaller level and closer to home, I have just moved into new premises next to the swim school complex, in Beaconsfield. This new building is reputed to have good "Feng Shui", due to many construction aspects, unusual shapes and curves, unorthodox room, wall angles, aspects facing windows, walls with no windows, colour scheme, and a very perceptible friendly and warm sensation (commented on, I may add by many people on their own accord) within this structure. There is a feeling of "flow" in the corridors that is not a figment of the imagination. It is not insignificant that Vincent Chan, the new physiotherapist, is of Chinese extraction and whose ancestors lived their entire lives under the benign power of "Feng Shui". There is much history here and whilst all this is new and alien to most Australians, an open mind, not a closed one, is the best defence to the new.

Yours in health and happiness,

Peter Hansen.

PETER AURISCH

Cont. from Page 2

The 'experts' said it couldn't be done, but Peter did it! In between milking a herd of cows each day and running the farm, Peter cleaned over 35,000 bricks by himself. Using only a bricklayer for the walls, the rest of the house was rebuilt by Peter himself and a few helping friends. This home remains standing ever solid to this day as a fitting testimony to Peter's "GIVE IT A GO" spirit.

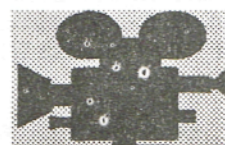
He has also served the community of Beaconsfield well. For 3 years he was captain of the Beaconsfield Fire Brigade. He has assisted the Guide and Scout groups in very many practical ways. He has served on the committee of the Beaconsfield Progress Association, helped establish the Midway Group and is currently the President of the Beaconsfield Community Centre committee. When the Aurisch children were of school age Peter was on the school council of the Pakenham Consolidated School. Peter in past years was also well known for his big red apple trailer. He cooked and sold fritters of all kinds at fairs and along the roadside. Another form of transport for Peter was his truck that he experimented with to run on charcoal as a fuel.

With numerous pastimes and activities it is a marvel that he has had time to keep bees as well. It has been a hobby of his for many years and he is a very knowledgeable apiarist. Bee keeping and his many hives has taken Peter all over the countryside. From an early age to the present time Peter has collected a wealth of knowledge on native flora and fauna and is an expert on bush craft. With 'family' living in Queensland Peter still enjoys driving the 'long trek' North through the back blocks of western New South Wales to visit them. At 70 years he still delights in going bush in his little Ute taking few of the home comforts with him. His dog goes with him and never leaves his side as always.

Peter is a man who has lived both his working life and retirement to the full. He continues to do so with 12 grandchildren, a honey stall in the market and a regular spot playing piano accordion in an old time country dance band on Saturday nights.

Physical work has kept Peter fit throughout his life but being thrown from horses in his youth has now given him a few twinges in the back, he modestly concedes.

Asked about his ambitions, at 70, for the future he answers that he would love to travel Australia some more...knowing Peter, he probably will!



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Beaconsfield Sport

BEACONSFIELD TENNIS CLUB NEWS

(Written by M. Chatfield)



Margaret Chatfield

Congratulations to all the teams making it through to the finals, in the Saturday Juniors and Seniors, Berwick and District Tennis Association and V.T.A. Pennant Winter Competitions.

Saturday Junior Competition
The Juniors did very well with 9 teams entered, 7 teams successfully made it into the finals.

Finalists were :- Section 4 Blue Premiers Jesse Douma, Terri-Anne Leembruggen, Scot

Hore, Travis McKay, Peter Burns. Section 12 Blue Premiers Shauna Cahill, Laura Mills, Steven Denny, Elizabeth Bartlett, Simon Wearne, Joanne Ronalds. Section 4 Gold Runners Up. Adam Sheean, Jos Roder, Ryan Blunden, Dean Hore, Mark Van Eck. Section 10 Runners up. Brendan Tye, Philip Cahill, Warren Peason, Abe Roder, Glen Penglaze.

Juniors Summer Season starts on Saturday 8th October with 10 teams entered in the B and D.T.A....Good luck Juniors.

V.T.A. Pennant With 5 teams competing, 4 made it to the finals. This was a good effort for the Beaconsfield pennant players. Senior Summer Season commences on 8th October with 4 teams entered in the B. and D.T.A. and one team entered in the "Gippsland Tennis Association".

Tuesday night Unisex. Beginners to B Grade Finals.

Finals were played over two weeks. The preliminary final

was played on 6th September. Games were completed and defied the showers of rain that persisted during the night. Team supporters and social players braved the weather as well. First the Saints won by 10 points against fourth' the Bombers. Also Second team, the Misfits won by 10 points against Third'. The Family Affair.. This left the Saints and the Misfits to play off in the Grand Final on the 13th September. With the weather a lot kinder, the Grand Final was played with no interruptions. The Misfits won by 15 points on the night against the Saints. After the game there was a presentation for the winners and runners up and a break up party for all the teams

Winning team... The Misfits:- Tom McMillan, Cameron Parker, Damian Thompson, Jodie Williams, Cathy Pentland.

Runners up.... The Saints :- John Douma, Brenda Douma, Jesse Douma, Vivienne Bekker. Terri-Anne Leembruggen

Tuesday Night Unisex Competition is starting back on 4th October with 11 teams playing.

B.A.G. Committee.

Coming social functions and fund-raisers for the club are a chocolate drive, street stall on 14th October. A night round robin will be played on Saturday 22nd October. On Sunday 4th December a family day Car Rally will be held. Members and non members are welcome.

**ANY ENQUIRIES FOR
COURTHIRE OR TUES-
DAY NIGHT TENNIS,
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2016.**



Premiers Section 4 Blue Winter Season. L-R Peter Burns, Jess Douma, Scot Hore, Terri - Anne Leembruggen and Travis McKay.

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BEACONSFIELD PHYSIOTHERAPY CLINIC

46-50 Princes Highway
Beaconsfield Victoria 3807
(Next to Beaconsfield Swim School)



Back & Neck Pain



Sports & Work Injuries



Arthritic & Rheumatic Pain



Headaches



Rehabilitation



Hydrotherapy

PRIVATE, WORKCOVER, TAC, VETERAN AFFAIRS

Discount for Pensioners & Health Care Card Holders

A member of the Australian Physiotherapy Association



(03) 796 2833

BEACONSFIELD GARDEN SUPPLIES

For friendly,
efficient service



- * Sand, Screenings and Cement
- * Pavers and Terra Cotta Agi Pipes
- * Redgum Chips and Pine Bark
- * Sleepers (old and new)
- * Scoria and Rocks
- * Handyman Hardware

WE CATER FOR ALL BUILDERS,
LANDSCAPERS AND TRADESMEN
-Deliveries 7 days a week-

"Call in and say Hello"

94 - 100 Princes Highway, Beaconsfield
Telephone (03) 707 5144

ANKLE INJURIES

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An ankle can give chronic pain and affect or stop a person playing their sport if a sprain is not treated properly or if it is subjected to repeated small traumas or strong forces. An example of this is playing football with poor shoes on hard ground and playing hard with no stretching.

This type of pain is caused mainly by a generalised stiffness of the ankle joint, as well as tightness of the ligaments and muscles and a loss of power and co-ordination. In other words the ankle is not in a condition to withstand the demands placed on it, giving rise to chronic pain and swelling.

Treatment of this condition involves a thorough assessment to determine which structures are tight, which muscles are weak, assess the functional balance and give treatment that is specific to the person's problems which will result in a faster return to sport.

Ankles are like any other joint or muscle. If you exercise infrequently and don't stretch regularly but play sport, injury is more likely to catch up with you. If you don't play frequently but supplement your fitness during the week and maintain a flexible body, you will sustain less injuries.

Vincent Chan
Beaconsfield Physiotherapy

WANTED

Bluestones, no quantity too small
paying \$1.60 each. Ph. 796 2302 B.H.

WANTED TO BUY. Workshop Manual Mitsubishi Magna TN or TP. Contact Ross 707 2244.

FOR SALE

Car Trailer 6'x4' as new. \$350.
Phone 707 1996

FREE White Peaceful Doves
Phone 707 5577

BONFIRE REMINDER

CLEAN UP THE
GARDEN THIS
SPRING AND
BRING DOWN
YOUR BURN-
ABLE LEAVES
AND BRANCHES
TO BUILD UP
THE BONFIRE
ON THE BOB
BURGESS RE-
SERVE BEFORE
MONDAY 31ST.
OCTOBER.

CLOSING DATE
FOR NEXT
BANNER IS THE
25TH. NOVEMBER
1994

Like to advertise in
Beacy's own paper
"THE BANNER"

Fill in the form and leave it at
the Post Office.

Name of Advertiser.....

Phone Number.....

Address to which account is
to be sent.....

Message.....

Rates for advertising:

1/4 page in a single issue \$25.
1/2 page in a single issue \$48.
Full page in a single issue \$80.

All above rates 20% discount if
paid in advance.

Beacy's Notice Board \$10 per
issue

Market Place \$1 per line per
issue.

Beaconsfield Meat Supply

23 Wood St. Beaconsfield 3807
Contact Rocky on 707 1163



FREE HOME
DELIVERIES

DAILY SPECIALS
CATERING AVAILABLE
707 1163

BUTTON AND BOWS



COLOURING COMPETITION FOR CHILDREN UP TO 14 YEARS OLD.

Name..... Age.....

Address..... Phone No.....

Entries Close October 27th 1994. Entries to be left at Beaconsfield Newsagents. Judges decision will be final.

BEACONSFIELD BONFIRE NIGHT

MONDAY 31ST OCTOBER 1994

6.30PM TILL DARK

MELBOURNE CUP DAY EVE.

At the Bob Burgess Reserve behind the Taco Bill and Pizza Restaurants.

Come and celebrate Halloween night and the first night of day light saving with fun, food and entertainment.....

SPECIAL ATTRACTIONS :-



*The Trio Wattle Rose and Tumbleweed
L-R Sue Oldham, Bill Oldham, and Joe.*

- * HAMBURGER AND SAUSAGES
- * BAKED JACKET POTATOES STALL
- * HOT AND COLD DRINKS.
- * GIANT BONFIRE AT APPROX 8.30PM
- * WALLY WOMBAT LIVE IN PERSON
- * RESULTS OF COLOURING COMPETITION
- * CENTRE STAGE ENTERTAINMENT:-

"WATTLE ROSE AND TUMBLEWEED TRIO" Country music.

GEMCO THEATRE COMPANY...Pantomime excerpts

CRANBOURNE CHORALE....Variety of well known choral arrangements sung in four part harmony with piano accompaniment.

- * PLUS NOVELTIES FOR THE CHILDREN TO INCLUDE FACE PAINTING, SPARKLERS AND BILL THE BENDY BALLOON MAN.

COME AND SHARE IN THIS GREAT COMMUNITY EVENT, COME FOR TEA, ENJOY THE FREE ENTERTAINMENT AND WATCH THE GIANT BONFIRE BURN

Organised for the community by the Beaconsfield Progress Association, with help from the Fire Brigade, Kindergarten Little Aths and Rover Scouts.

