

Beaconsfield Banner

Vol. 12 No. 5. Bimonthly Publication of the Beaconsfield Progress Association Inc. Oct./Nov. 2000

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NEWS FROM THE BEACONSFIELD FIRE BRIGADE

New Truck for Brigade On 15 September 2000, the Beaconsfield Fire Brigade received a new tanker supplied by the Country Fire Authority (CFA) to replace the existing 17 year old CFA tanker which was received shortly after the 1983 Ash Wednesday fires. The new Isuzu 4WD 3000 litre tanker will improve the brigade's capacity to respond to fires in both the rural and urban environment, and is a welcome addition to the brigade given the upcoming summer fire season. The new tanker is an important first step in upgrading the two tankers used by the brigade, one of which is supplied by the CFA and the other which is owned by the brigade having been purchased with the support of the community in 1986.

Bob Burgess Park Bob Burgess Park which is located along the

Cardinia Creek behind Taco Bills Restaurant was named in honour of Bob Burgess, a long standing captain of the fire brigade who made a significant contribution to the Beaconsfield community.

Members of the brigade have recently been concerned about the state of the park and have decided to undertake actions to improve the condition of the park given that it was named in honour of Bob Burgess. Brigade members recently conducted a clean up of the park on a Sunday morning and collected over a dozen large bags of rubbish, as well as cleaning up large amounts of broken glass around the barbecue area. Further actions are planned including weed control and tree planting which the Brigade hopes to undertake with the co-operation and support of the Cardinia Shire Council.

BEACONSFIELD PROGRESS ASSOCIATION PUBLIC MEETING

7.30P.M. TUESDAY 17TH OCT., 2000
COMMUNITY CENTRE,
BEACONSFIELD AVENUE,
BEACONSFIELD

AGENDA
SHORT A.G.M.
PRESENTATION OF IRIS
LEWIS AWARD

BEACONSFIELD STRATEGY PLAN

Geoff Rundell, from the Shire of Cardinia will present an outline of the Councils proposed amendments, and he is looking for your comments. He will have a Traffic Engineer, Urban Designer and Council Engineer to answer your questions?

COMMUNITY COMPLEX/HALL

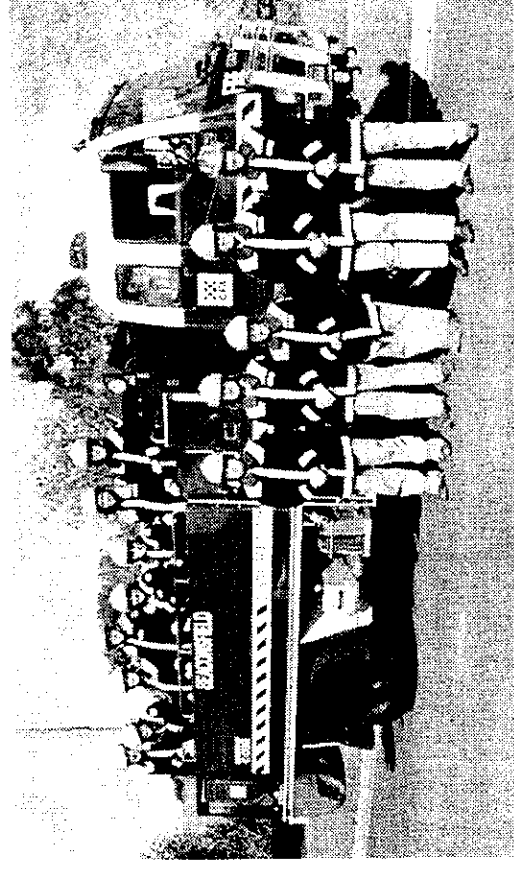
Vivienne Clark from Clark Phillips will present a concept plan for this project, and we may find out the preferred site.

SO COME ALONG TO SEE WHAT IS HAPPENING IN YOUR TOWN, YOUR STREET - YOU MAY NOT LIKE IT - WHO KNOWS IF

STREETS WILL BE RE-ALIGNED? - ZONINGS CHANGED? - IS THE COMMUNITY COMPLEX WHAT YOU EXPECTED? -

HAVE YOUR SAY NOW BEFORE IT'S TOO LATE!

Supper will be served at the conclusion of the meeting and this will allow time for you to speak informally with our guests.

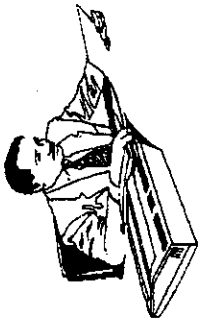


Above:- Beaconsfields new fire truck and remember if you want to see this photo in full colour take a look at the web site

www.beaconsfield.org.au

PRESIDENT'S REPORT

By the President of the B.P.A. - Joy Bishop



of our concerns have been addressed and we are hoping to have some input into the final appearance of the development.

COMMUNITY COMPLEX/ HALL

At our next meeting on 17th October we are hoping that Vivienne Clark of Clark Phillips will have a concept plan for the local community to view.

TOWN STRATEGY PLAN

The Shire Council is in the process of updating the Strategy Plan for Beaconsfield. The Council tells us that this will be ongoing, to allow for changing times and conditions. See notice of meeting - do come along - don't wait to object later, better to have input now.

PUBLIC TOILET

Despite a number of hold-ups Council assures me that the project is about to go to tender and we are still hopeful of having a Public Toilet in time for the Christmas Carols.

SUPER MARKET, HOTEL EXTENSION, FAST FOOD OUTLET,

The Council has issued a permit for this development. A number better to have input now.

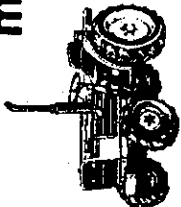
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HALL COMMUNITY COMPLEX MEETING 12th OCTOBER - ALL WELCOME

PROGRESS ASSOCIATION MEETING DATES
17th October, 21st November

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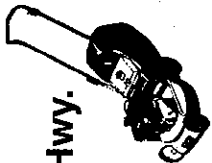
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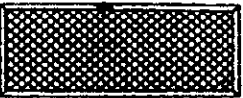
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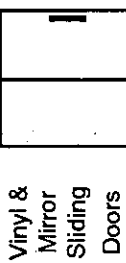
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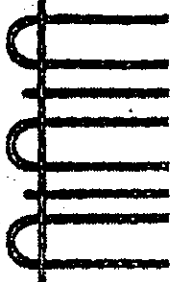
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Shower Screens



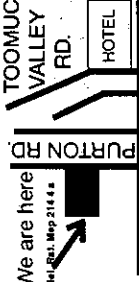
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BOWMAN'S TRACK

by John Wells

The Melbourne newspaper "The Argus" carried an advertisement on 3 April 1863 which called for "Persons who have any CLAIMS to COMPENSATION for OPENING UP ROUTES to the JORDAN DIGGINGS" to apply by letter or appear personally at the Crown Lands Office. The Jordan diggings were south of Woods Point and north of Walhalla.

One applicant was Janet Bowman, of Bowman's Gippsland Hotel, now the Central, and a lady whose name should be better-known. She was responsible for Bowman's Track, signposted at the western end as a Bicentennial Project by the Shire of Pakenham. Her track was cut to make it easier for diggers to reach the Jordan River and the chain of gold finds that spread southward from it toward Walhalla, and to bring some of their trade past her hotel.

Janet Bowman claimed to have spent 1500 pounds building the track. She had been widowed in 1860 and her husband's estate was valued at 2000 pounds, so 1500 pounds was a huge sum to risk. Janet put three men and her older sons to work. In evidence for her claim (in 1876) she said that she started the track in 1861 or 1862. William Brisbane, in evidence to a Select Committee determining Bowman's claim for compensation said "Everyone said (it was a courageous thing for her to do)...It was a most extraordinary thing. A great many even any selectors in

people were under the impression that she was slightly deranged in doing it, but she has the head of a businessman..."

Though the track was cut to provide access to the goldfields it also provided access to tin leases at William Wallace Creek and on the Latrobe, leases which, it was claimed, would not have been discovered without the track. It was also a means of opening up thousands of acres to the selectors. Bowman's Track ran from near the Central Hotel in Beaconsfield, along a few miles of existing dry track up O'Neil, Hughendon and Sugarloaf Roads to Emerald Road. Near Bourke's Creek Road it left Emerald Road and picked up the line of Paternoster Road, across through Gembrook, along The Avenue and into East Beenak Road. It then followed the watershed between the Yarra Valley and the Great Swamp catchment northeast to a point north of the headwaters of the Latrobe River.

Here it met Hughes' Track, leading from the hotel at the Bunyip River crossing up to the source of the Red Jacket Creek. From this junction, Hughes' Track headed due south to the Tarago (Tarween) River and west to 'Bunee'. Incidentally, on my map of Bowman's Track the Tarago is called the 'Drauin' River. This could be a clue to the source of the name of Drouin, something which has never been properly explained. There were not even any selectors in



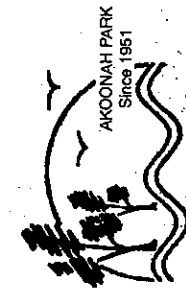
Above: - John Wells

Drouin until 1870. The Bowman's Track map, sent me by the Bowman family, is dated 1864.

Thomas Giblin, one of the men Janet Bowman employed, also gave evidence to the committee. He said that the track had taken two or three years to cut, with up to six men and the Bowman boys carrying provisions and packing. The vines and scrub had to be cut away and some trees felled. Large logs lying across the track were 'notched' (a piece was cut out so a packhorse could walk through or over the log) but there were no earthworks at all. The track was surveyed in 1864 but this was at Mrs Bowman's expense and not paid for by the government.

There was much argument about the value of the track. It was claimed that it was overgrown again before any real use was made of it, but the same was true of McDonald's Track, and no-one doubts the value of the original survey in that case.

Janet Bowman died in 1904 and her obituary in the local newspaper described her as having led "a useful life as a wife and mother, and a good colonist." I think she deserved a little better than that. Whatever the value of Bowman's Track, finding it and clearing it as a pack track was a major achievement.



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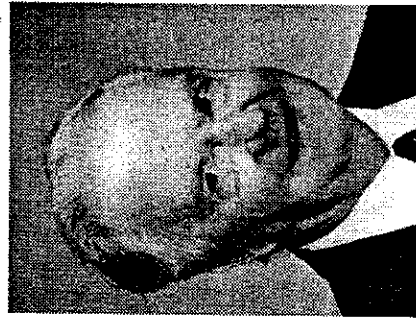
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CARDINIA SHIRE NEWS

By Cr. Keith Ewenson



* Rate payments can be made at Australia Post Offices, any bank, by phone using a credit card, by mail, or at the Shire Office where EFPOS facilities are available.

* If ratepayers feel that the new valuation does not reflect the true value of their property they have 2 months to object from the date of the notice. Objection to the valuation must be made on the prescribed forms obtained from the Valuation section. 5945 5360

Council News.

The last few weeks have been a period of review. We have looked at the details of the Cardinia Centre (previously referred to as the Cardinia Art and Design) and endorsed the project. We have reviewed the contract with Delfin and expect their acceptance in the very near future. In Council I have said we are entering a new era for Cardinia with these two developments. It promises to be an exciting time in the future.

Rate notices will soon be received. This year the system changed from a four-year interval of valuation to a two-year interval. The variations will not be as great in a two-year period of valuation.

Ratepayers have the option of paying by the following methods:

* Payment in full on or before 1 February 2001.

* By four instalments with the first to be paid on or before 2nd October 2000. Reminder notices are sent for the remaining three instalments.

* Fortnightly or monthly payments by making application to the Rates section.

BEACONSFIELD'S BONFIRE

Sadly the Progress Association will not be running the Bonfire this year. Please do not leave your garden rubbish or any other refuse on the Bob Burgess Reserve. Tipping facilities are available at Nar Nar Goon, Five Mile Road, Nar Nar Goon. Hours 8.00am-4.00pm Monday to Friday: 10.00am-4.00pm Saturday & Sunday.

BPS CORNER

What's Happening at
Beaconsfield Primary School.

by Maurice Potter, School Council President

Our numbers continue to grow currently at 278 and expected to hit the 300 plus mark next year as Beaconsfield grows.

With the Olympics now behind us, the last minute alteration to direct the torch relay through Beaconsfield is now history. Enjoyed by our entire school and many Beaconsfield residents we thank parent Denise McGowan and our Vice Principal Gary Methven in pushing for the redirection. Thank you also to torch bearer Alan Campbell for giving up his day to show the torch he carried and speak with our children. These events brought the Olympics so much closer to our kids.

As a fundraiser, our raffle of trailer and tents was such a great success last year that we are repeating the exercise this year. Your generous support is appreciated and is requested again, with proceeds going to fund those additional facilities not normally provided by the Department. Drawn on 1/12/00 there is something for the whole family and will make a great Christmas present.

FAMILY HISTORY

by David Allen

The study of one's family history or genealogy is one of the fastest growing leisure activities in Australia today. Libraries, museums and record repositories are no longer the sole domain of academics and professionals. Amateur genealogists now account for much of the activity of these institutions.

The Narre Warren & District Family History Group has operated a Family History Research Room at the Narre Warren Library since it opened in 1992. We have an ever growing collection of microfiche, books, magazines and local and family histories. The Research Room is open to both members and visitors, Tuesdays and Saturdays 11-3 and Thursday night 7-9. The group also conducts informal meetings once a month, some-

times with a guest speaker talking on a topic relevant to family history or we have discussions between members in order to share knowledge and experience. Visitors are welcome to attend these monthly meetings also.

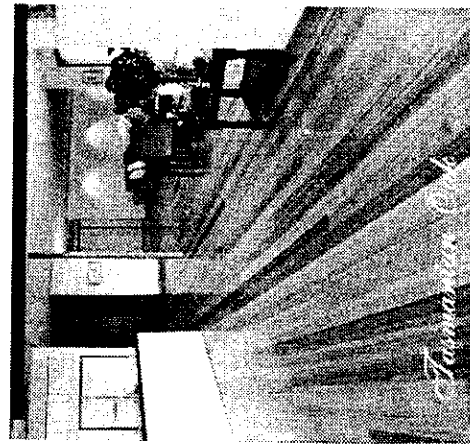
On Nov 18th 2000 a Family History Seminar will be held at the Presbyterian Church, Prospect Hill Rd, Narre Warren, this also will be open to both members and non members.

Any further information regarding any of the above can be obtained from the President, Mrs Lorraine Taylor on 9704 6672.

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NEXT BANNER IS
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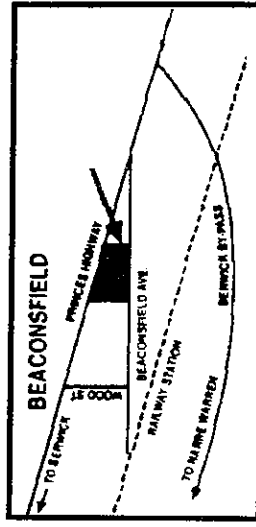
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MAKE AND MINGLE

By Ann Taylor

pinecone which has no stitching or glue, very easy as well as some other Christmas Crafts - a smocked ball, small Christmas quilts and other decorations and gifts.

We have a ribbon embroidered picture, ribbon flow-ers, beading, beautiful stitched cards, stamping and Christmas cards, glass art and candlewicking. You can just bring your own craft to finish or come for coffee and a chat.



Ann Taylor

We all enjoyed our day travelling by coach and visiting the Stitches and Craft Show at Caulfield.

We were able to meet with craft suppliers and purchase craft materials and learn some new craft techniques. We had a wonderful day of friendship and fellowship.

We are currently working on a joint signature quilt, where everyone who comes to the group can contribute and have a part in the quilt, even if they do not sew.

During fourth term, we will be continuing with some crafts and trying some new ones. We have a lovely Christmas ribbon

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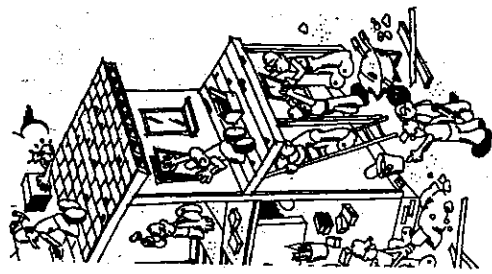
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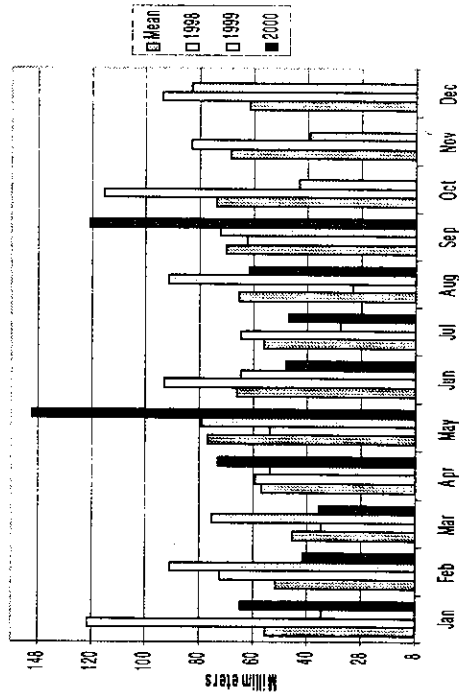
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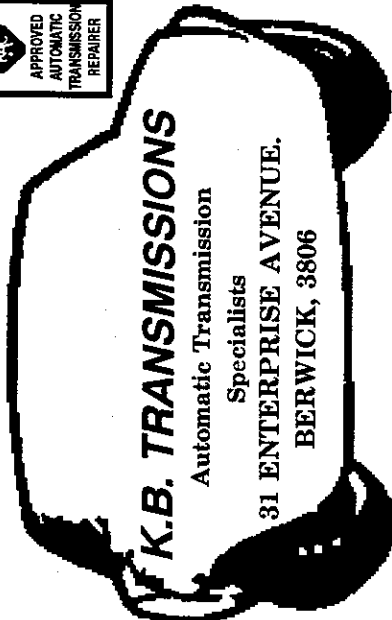
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THE RUN OF A LIFETIME

Alan Campbell's account of day 64, August 10, 2000.

role we were about to play in sharing the spirit was very clear to us all.

Not long after I was placed in the main street of Cockatoo and waited for the flame to come to me. The excitement was building and it was wonderful to notice I was amongst my family and friends. The support was wonderful and I knew my moment was coming. The Harley riding Police came by to give the final instructions and calm the nerves with a joke.



To have had the honour to carry the Olympic Flame along with so many other Australians and be able to touch so many people with its spirit was a most wonderful experience. The Torch Relay staff called it "the Happy Flame." Everywhere it went happy faces followed. The day began with a briefing as I received the torch I would carry. Instructions were given to take the torch out to the people and include as many others in the day as you can. That ambassador role began immediately as passers by came over for a torch inspection and a photo.

The relay bus was boarded and fellow torchbearers introduced. I was humbled to be in the presence of many fine people who have contributed in some way to their community, industry or experienced personal triumph. Their stories were all interesting and some quite moving. The bus moved off through the crowds of waving people. Emotions were high. The crowds were building up along the route and when the bus turned into Cockatoo I could see my family and friends amongst the crowd and the excitement became extreme.

All the 8 torchbearers still on board were encouraged to get their torch out amongst the many children and parents at the Cockatoo School. The children's faces exploded into joy and suddenly the experience was high and the

part of it. I had carried the flame but my experience as a torchbearer was only really beginning. The next hours and days were consumed with sharing the torch with friends, school children and the public. It really was the people's relay, the "Happy Flame" and I was proud to be part of it.

Soon I heard the crowd roar as Hall of Fame athlete Suzy Javor brought the flame around the corner and made her way to me. My torch hissed as the gas was released in readiness. I held the torch high, ready, and the Olympic Flame jumped over to my torch. I became the keeper of the flame.

Arms held high I wanted to run like the wind, stop in the crowd, wave to children and talk to my family as they hurried along the road with me. It was the run of a lifetime and a memory so clear in my mind today. I will never forget the noise, the waving and smiles in the crowd. I know my face was reflecting the same excitement and joy straight back.

I could see the next runner waiting ahead and momentarily I tried to run in reverse.

Passing the flame on was a joyous moment as it was time for someone else to share the excitement. I stood momentarily with the new torchbearer and wished her well.

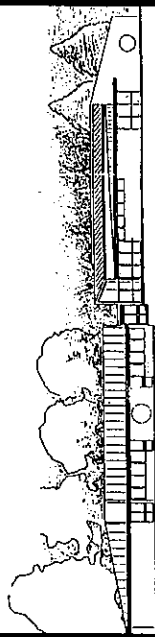


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From a fine tradition to an exciting future.

OUR NATURAL WORLD

by Peter Hansen



was so much in demand that the Government of the day paid people to grow as much Garlic as they could, in order to supply the Hospitals.

In ancient Rome, harvesters of the crops took Garlic to maintain their strength and used as a tonic for endurance while working in the fields. It was also known as "Poor Man's Treacle", and "Heal All". Pliny, the Roman Naturalist listed 61 diseases for which Garlic was an effective treatment. Garlic is even mentioned in the Bible of the Old Testament (Numbers 11:5), when the slaves who fled Egypt cried out for the food there, including leeks, onions and Garlic. They became very tired of a diet of ground Coriander seed, and longed for the food of their former captors.

Without doubt one of the greatest herbs on this earth of ours is the Garlic bulb. Its history is long and impressive. The Egyptians took oaths in the name of Garlic; the ancient Greeks gave offerings of Garlic to their God, Hecate. A Moslem tradition says when Satan stepped out of the Garden of Eden after Adam's expulsion. Garlic sprang up from under his left foot. The Romans attributed their success in conquering the known world to Garlic, because "no invader would come into the country that smelled so strong".

The Talmud, the repository of Jewish civil and Religious laws, instructed the use of Garlic and onion skin in the treatment of wounds and inflammation, and particularly for gynecological and Menstrual disturbances. It also mentioned in the "Ten Regulations of Ezra", its use as an aphrodisiac to be taken on a Friday, ensuring a pleasurable weekend. One can only wonder how the women handled a Garlic breathing lover at that time, as Garlic is not recommended to fire up a woman's desire.

In spite of its strong odor, Garlic has been used widely in foods for thousands of years, and is still popular today.

Hippocrates (460 BC), known as the Father of Medicine, used Garlic for a variety of infections and intestinal disorders as well as for wounds, toothaches, leprosy, epilepsy and chest pains. Dioscorides, who lived in the first century AD, and was a surgeon in the Roman Army, described Garlic as a wonder medicine, and used it for the treatment of tapeworm and bites of rabid dogs. He stated it cleared the arteries, and could be used for a host of injuries and illnesses conditions. It is a matter of record that during World War 1, Garlic was found to be the only cure for Gas Gangrene and other terrible wounds suffered by soldiers, and

Cont. on Page 14

ECLIPSE FORESHADOWS A BRIGHT FUTURE IN BEACONSFIELD

This new business specialises in ducted vacuum systems, security alarm monitoring systems and Jaycar Electronic componentry, business proprietor Greg Flood has lots to offer householders and tradesmen in the area. Conveniently situated in Shop 6, 6 - 10 Princes Highway, Beaconsfield the new showroom has lots of parking spaces outside.

The security systems Greg sells are the well known and respected Ness brand. Using up to date modern technology they feature visual and audible alarm and monitoring to a remote base. The systems work efficiently connected to infrared detection, vibration detection and reed switches. These systems not only buy you peace of mind but heavily discount the annual household insurance premiums that you have to pay.

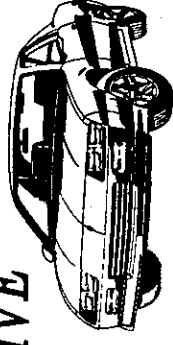
Thirdly through the well known Jaycar dealership, Eclipse offer a wealth of electronic testing and maintenance tools, computer accessories, TV antenna, car sound equipment, microphones and audio system gadgetry. Home intercoms are also sold.

Greg not only sells but services his products and has an installation service using the skills of experienced qualified tradesmen. The prompt service and range of product will appeal to most householders and tradesmen alike with many new homes now being built in the area.

In its infancy, Eclipse now foreshadows a growth business for Greg in Beaconsfield. The future will bring much more stock to brighten the new showroom. Call by and check out the interesting range they now have to offer.

BANNER BRAIN TEASERS 'About Melbourne'
1. How many teeth does the Luna Park smile have? 15, 20 or 25?
2. Which suburb has the aboriginal meaning, 'No good water'? (See answers P23)

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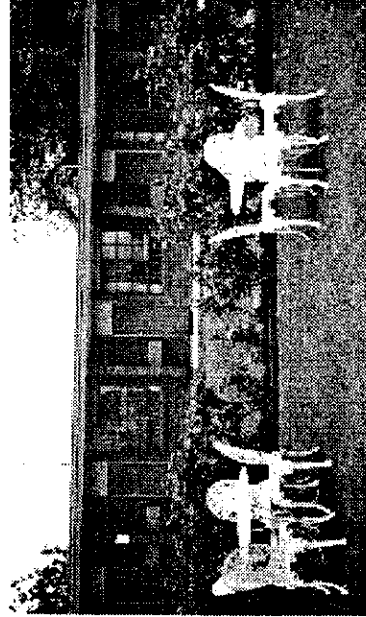


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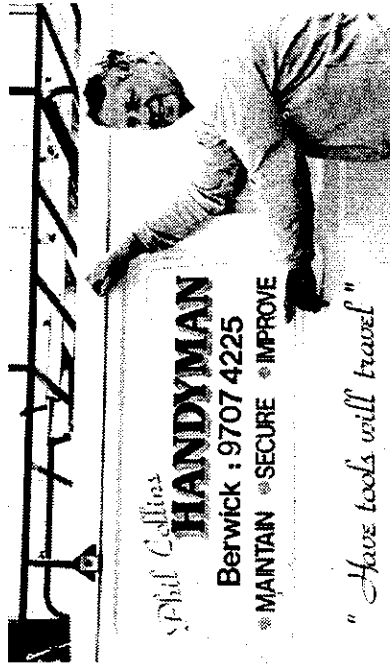
by Phil Collins

I do get stumped sometimes and Handymen don't have a manual to read with solutions to problems like Mrs Popoff's bathroom door that gets stuck. Fortunately Mrs. Popoff never has a bath without her mobile phone in the soap container. Actually this is her third mobile phone - the other two suffering from immersions after being mistaken for the old imperial leather.

slung over his shoulder.

I have known for some time that to paint an external door a dark colour was most unwise, due to the absorption of heat. Door manufacturers now put a sticker on new doors warning customers that dark colours actually void their guarantee.

People often ask what sort of work I do. Lately I have made a solid timber kitchen bench top stained red maple, built a pergola 5 metres long, fitted venetian blinds, fixed on antique chair, removed and replaced 2 timber window/



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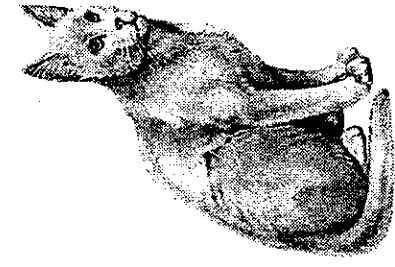
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MASSEURS

THE CAT - TRAGIC EFFECT ON AUSTRALIAN WILDLIFE



birds and a third (32%) reptiles. Some caught frogs and insects. Bells on the cat's collar made little difference. The results further showed the average rate of capture was 8 birds, 16 mammals and 8 reptiles per cat per year. However, this is probably a gross underestimate as North American studies have found that cats returned home with only about half their prey.

Australia has a tragic record in regard to its once diversified animal and bird life. Its once beautiful and unique collection of mammals is no more, with at least 20 species of mammal disappeared from Victoria - gone forever and many more on the verge of extinction. These animals evolved in an environment, which did not have a predator to match the ferocity and skill of the cat. The fox has been another tragic import, though, it has been shown that foxes to some extent suppress feral cat numbers.

The cat is built to hunt. The seemingly quiet sleepy feline by day becomes a superb killer by night, not for food in the case of the household cat but for the thrill of the hunt.

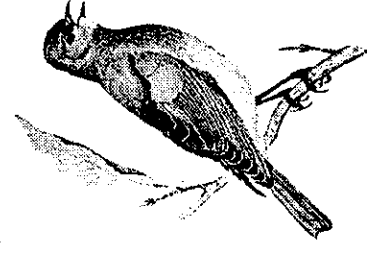
Surveys have been done of what domestic cats eat. The most complete investigation, a research worker, David Paton from the Zoology Department of the University of Adelaide, surveyed over 3000 cat owners throughout Australia on whether their cats hunted and what species they brought home.

The survey result showed that over half (59%) of the domestic cats took mammals, over half (62%)

Cats carry a nasty disease called toxoplasmosis. This is a protozoan parasite, somewhat akin to coccidiosis in poultry, which has developmental stages in other species, including marsupials, sheep and humans. In these species it causes a variety of symptoms including failure of various organs, blindness, central nervous system effects and abortion. Pregnant women need to be particularly careful as the foetus can become affected and if this is severe, abortion will occur. The lifecycle of the parasite is completed when the cat eats infected prey and eventually infective oocysts are passed in the cat's faeces.

Some people may believe that confinement of the household cat is cruel. Given adequate space inside or outside the house with a stimulating enclosed environment, confinement is not cruel. Allowing the cat to roam free could perhaps be considered less cruel but what about cruelty to our wildlife and birds. Ever watched a cat killing its prey slowly? Would you like to leave this earth that way?

Dr PD Carter,
Veterinarian, Berwick.



FAREWELL

Ed and Elizabeth Dalman came to Adamson Road, Beaconsfield 15 years ago. Prior to that they lived in Berwick. Both Ed and Elizabeth have been involved in the Community over the years.

Ed was Captain of Berwick/Montuna Golf Club for many years. He was presented with a Life Membership for his outstanding service to the Club. He still enjoys a 'round' of golf. Ed is also a member of the Berwick Lawn Bowling Club where he has been playing regularly. He hopes to continue these interests in Drouin.

Elizabeth's great love is her craft. Over the years she has taught Cake Decorating at Narre Neighbours, made and dressed porcelain dolls, and is still doing beautiful needlework. As a member of Berwick Country Women's Association she has been very active, as well as holding several office-bearer positions. An exceptionally talented lady, Elizabeth has taught members many different crafts. Such is her skill in fine handwork Elizabeth has won many prizes at the West Gippsland Group Exhibition which is held annually. She hopes to continue her association with C.W.A. when she has settled into her new home. Both Ed and Elizabeth will be missed by all who have known them.

Elizabeth was born in Drouin, and now in her retirement she has returned there.

We wish them both all the best and a long and happy retirement in their new home at Drouin

OUT OF THE KITCHEN

WINDOW
by Roy Armitage

Today is cold but as I look out of the kitchen window I can see the plum blossom coming out and flowers starting to open up in our 'kitchen' garden. I reflect on the fact that nothing we can do can stop this process of the summer, autumn, winter, spring cycle. Nature runs its course without any 'help' from humanity and has done since the world, as we see it began.

What forces drive a tree to stretch itself out after sleeping all winter, just like we get out of bed each morning it seems to yawn, stretch and look with one eye at a new day. The grass also too starts growing causing us to start mowing most weekends again and forces of nature continue to affect us each and every day, blustery winds, misty mornings.

Isn't creation a wonderful thing? Babies are born, new plants grow, fruit appears on the trees as summer comes near and we take it all so much for granted. Isn't it also worth contemplating

the words of the prophet Malachi when he wrote, "Don't we all have the same Father? Didn't the same God create us all? Then why do we break our promises to one another and why do we despise the promises that God made with our ancestors?"

We all are guilty at some time in our life of abuse to one another whether it be verbally, emotionally, physically or sexually, one abuse really is just as hurtful as another, combinations of all four really dig down and do unrepairable damage. As spring comes and we take in the beauty of nature and the full forces of creation at work let us for a while at least contemplate our own powers and reflect on what affect they have had on others around us. Are we thankful to God for our blessings? Do we show the same respect to others as we demand from them? Think about it and be honest with yourself and with God. You too are part of creation, what fruit do you offer?



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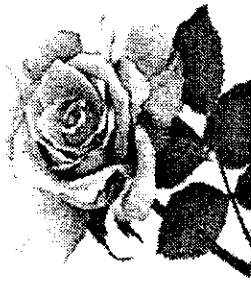
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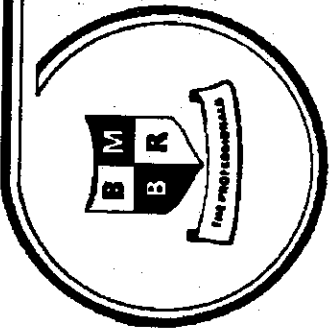
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Where: Officer Hall, Tivendale Road, Officer.
When: Saturday 21st October, at 7.30pm
Cost: \$12 per person.
(BYO drinks, glasses and nibbles)
Contact: Kerrie Gallagher 9707 4060
or the Kindergarten 9707 1144

Prizes include a night for two at the Centra Hotel and a Mystery Flight. Come along for a great night out and help support your local kindergarten



BEACONSFIELD
KINDERGARTEN
This photo was taken in the 60's.
L-R ? , Allison Lack (Vice President), Michelle Lack and Peggy Dundas (President).

OUR NATURAL WORLD

Cont from Page 8

Cooking to some extent removes the unpleasant acrid, pungent oils, providing a pleasant taste in foods being consumed. An odorless Garlic can be purchased, although many disputes surround the effectiveness of this process. It is really a "social chemistry" effort to make Garlic more acceptable to a wider consumer base. Garlic has incredible penetrating qualities, and if rubbed into the soles of the feet, can be detected on the breath a few minutes later.

Garlic is a natural antibiotic and antiseptic, and is a traditional use for colds and catarrhal conditions. It has been shown to reduce blood sugar levels in Diabetics, and reduce cholesterol levels. Its uses are very wide indeed and one can see why it has been described as a miracle plant. For the superstitious, a bulb of Garlic hanging over the doorway is guaranteed to prevent the entry of evil spirits. Or so they believed in the Dark Ages.

JO SETS HER SIGHTS ON GOLD

Jo Bradshaw from Upper Beaconsfield has overcome many personal hurdles in the last 7 years since her stroke. Husband Tony, daughter Paige and sister Jeanette Bartlett are all part of her support team who have seen Jo become determined to fulfil her goals.

Residents of Beaconsfield may have seen Jo with one of her trainers during the many practise sessions in the park. Jo has been selected in the shot put, discuss and javelin teams for the paralympics beginning on 19th October in Sydney. Recently Jo visited the Beaconsfield Primary School to give an insight into her dreams of gold. Jo has kindly let us print her opening address that she had written.

I'm sure I don't have to tell anybody how proud I was to be named in this years paralympics team for the games. I made the decision to not be a victim of my illness, then I planned where I wanted to be in a certain amount of years. Now I have made it. I set goals, small to start then they became bigger but I never lost sight of the ultimate prize.

My 1st major hurdle which would help me get selected this year was the world championships in 1998 in Birmingham, England. I qualified but not high enough to be funded so my husband and I took a loan to get me there. I came home with the trifecta of a 1st, 2nd, 3rd for my events. I disliked 2nd so much my next goal was to gain the world record in the shot put after a years tough training I acquired it in a local cup competition. Since then I have raised the bar an extra metre.

Going to England was a great experience but I went there as an unknown, this year I am the bench mark to beat. This is different territory for me, I preferred nobody knowing who I was and having no expectation to deal with. I would never suggest that with a couple of years training that everybody could represent Australia but I do believe that we all have special talents and we all have the ability to work hard and to be the best we can be.

I had a stroke in 1993 and prior to that I had about 15 years experience at state level netball so I have gone back to something I already knew just, a different sport.

My idea of achieving excellence requires a firm commitment to being the best that you can be, dedication to keep going. The most important thing I have found is your self belief, really believing your ability to do it.

Finally I would like to leave you with this - In Atlanta, Australia went into the last days competition leading the medal tally, America overtook them on that last day. Imagine the same scenario in front of an Australian crowd, that outcome would be quite different. This has been my dream come true.

It has been a great personal honour to be on the same list as Louise Sauvage, Neil Fuller and Russell Short all with high experience. If you don't know these people, after the October Paralympics they will be household names. I will be doing everything in my power to do my bit to contribute to Australia's success. It will be the best experience having my family and friends there to support me.

Jo is competing in Shot Put on Day 5 - 23Oct, Discuss on Day 7 - 25Oct, and javelin Day 10 - 28th October.

Residents of Beaconsfield may have seen Jo and one of her trainers during the many practise sessions in the park.

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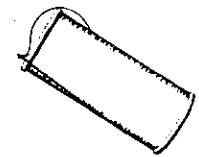
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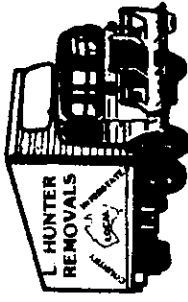
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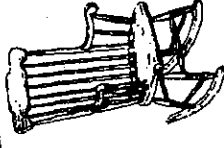
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CHANGES, CHANGES AND MORE TAX CHANGES



As we move into the new financial year, there are enormous changes affecting personal and business taxpayers with many changes to take effect from 1st July, 2000. Some of these major changes include - The introduction of the Goods and Services Tax (GST) and associated tax reform including replacement of PPS and Provisional Tax by a Pay As You Go (PAYG) tax system. PAYG instalments are payable quarterly based on actual gross income at tax rates provided by the Tax Office or alternatively taxpayers can elect to pay annually. - Pensioner and Savings Bonuses of up to \$3,000 for persons over 55 years but subject to income test. - New system of payment of Family Tax Payments replacing Family Tax Allowance A&B, dependent spouse, child allowance and sole parent allowance. - Refund excess unused imputation tax credits. - First Home Owner Scheme Grant of \$7,000 to help offset GST on the purchase of a new home. - Reduction of personal income tax rates. - The full impact of Capital Gains Tax changes from 21.9.1999 giving an option to apply a 50% discount for assets held for more than one year but indexation and averaging no longer apply. - Special arrange-

ments to defer some or all of Company and Superannuation Fund Tax Payments for 1999 - 2000 year by payment of quarterly instalments over 21 quarters (yes - 5 years). - Minimum Superannuation payments for employees increased to 8% of ordinary time earnings. - Loans made by Companies or Trusts to members and beneficiaries (or their associates) will be taxed as income of the recipient if the loan does not qualify as a Commercial Loan e.g. Written agreement, minimum rate of interest, maximum terms (7 years secured, 25 years unsecured) and at least annual repayments. - Claims for losses from "non-commercial" activities e.g. Hobby farms will only be deductible against other income in that income year if one of 4 tests are satisfied or the Tax Office exercises its discretion: - assessable income of more than \$20,000 - tax profit in at least 3 of the last 5 years - real business property of more than \$500,000 - value of other business assets of more than \$100,000

Further changes from recommendations in the Ralph Report are still in the pipeline, however all personal and business taxpayers should familiarise themselves with the important changes from 1st July 2000 to ensure accuracy of statutory tax returns and eliminate potential penalties now part of tax compliance. Make sure you discuss these matters with your Accountant or the Tax Office.

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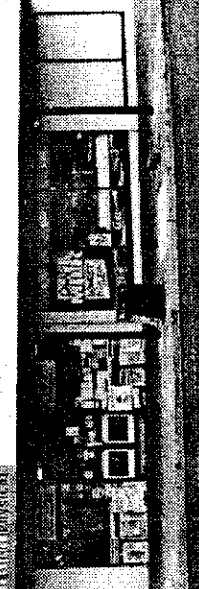
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CROSSWIRED

by David Griffiths



In the last edition of Crosswired I briefly mentioned a film called 'Cut'. Despite many bad reviews I can honestly say that I thoroughly enjoyed 'Cut'. Having seen it in a cinema (the only place to see a horror film) I must admit it looked a bit amateurish when compared to its cousin 'Scream'. But hey, horror films were never meant to be screen masterpieces. True horror fans will enjoy it, while the rest of the public will enjoy the great acting from some of Australia's up and coming actors. Starring Jessica Napier as Raffy and Kylie Minogue as Raffy's mother (don't despair I don't particularly like Kylie's acting either, but at least she's not around very long). The film shows Raffy's attempts to finish the film that resulted in her mother's death. One of the things that make this film so special is the return of Molly Ringwald. While I was growing up Molly was one of my favourite actresses (mostly because of 'The Breakfast Club') and in this film she plays the Hollywood bitchy actress brilliantly. This film was boldly described as the 'scariest movie in Australian cinematic history' and I'm not about to disagree. As far as slasher films goes, it's brilliant.

McPHEES SOLICITORS.

by Angela McPhee

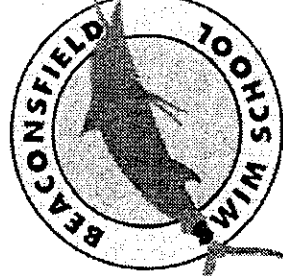
I moved to Beaconsfield with my new husband in 1996 and we now have two daughters aged two and six months.

I believe legal services should be accessible and reasonably priced. I also consider legal disputes should be resolved as quickly as possible to keep legal costs to a minimum.

Cardinia Small Business Adviser Eddie Buttigieg offered me the opportunity of being included in his Beaconsfield office, which offers a wide range of services for individuals and businesses. I feel this is an exciting time in Beaconsfield's development and I hope I can be of practice in a suburban setting. I have worked in the areas of insurance litigation, personal injury, debt recovery, property and probate.

BANNER BRAINTEASERS

3. Which is furthest from Melbourne, Perth or Townsville?
4. Which end is No 1 Collins Street, Spencer Street or Spring Street end? (answers P23)



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It is not a disease! Stress isn't a disease, it is an individual's attempt to cope with what is going on around them. Various hormones that prime our bodies for intense physical activity are released. Our blood pressure rises and muscles tighten. Everything is literally on the starting block, ready to go - and

like a sprinter, we wait and wait - and the starters' pistol doesn't fire.

Our body clearly wants to do something physical. To jump, shout and race about! But it can't, and that's the problem. There's a mismatch between what our body's chemicals are telling us to do and what we feel is appropriate to do.

Stress hits the physical body. So stress is much more than a mental or psychological problem - it also affects the physical body, especially the back, neck, head and shoulders. That is where chiropractic spinal adjustments can be a great benefit - restoring normal spinal movement releases the "knots of tension", literally taking the physical load off your body.

naturally reset the balance of body hormones towards relaxation.

Vigorous exercise, like weight lifting and squash, has the opposite effect and can aggravate stress symptoms by increasing the levels of the stressful hormones.

So if you feel stress has tied you up in knots, consider the natural remedy - Chiropractic and gentle exercise.

Simple Stress Self-Helpers - * Work out your priorities. * Recognise and avoid "the stressors" wherever possible. * Develop a positive outlook. * Regularly exercise. * Set aside time to relax and review. * Keep to a simple, balanced diet. * Keep your spin tuned and working properly.

Chiropractic spinal adjustments have a soothing, normalizing effect on the nervous system, naturally quietening things down so you can take charge. Free spinal movement reduces tension. Postural muscles are more relaxed and your nervous system is less stressed.

Chiropractic & Exercise - natural remedies that work together. Chiropractic care works best with exercise. Remember, the "stress" hormones are released to prepare our bodies for activity and exercise is a logical way of mopping up those inappropriate chemicals. Aerobic type exercises that emphasise endurance, like gentle low impact aerobics, swimming or walking, are the most effective. In fact, endurance exercises

ANOTHER GOOD SEASON FOR BEACY.

FOOTBALL GRAND FINALS

Beaconsfield Football Club has celebrated another successful season with both the Seniors and Reserves making Grand Finals. On a day when the Cora Lynn Football Ground looked more like a swimming pool or mud wrestling arena the Beaconsfield Seniors lost to Pakenham. Pakenham defeated Beaconsfield: 7.13 (55) - 2.0 (12), while Beaconsfield Reserves defeated ROC 14.9 (93) - 9.3 (52)

Award Winners Congratulations are also in store for two Beaconsfield

Players who won Awards on Breheny Medal Night. Dan Mislicki won the League's 'Rookie' of the Year' Award, while Haydn Robins once again was the League's leading goal kicker. Pakenham's Dan O'Loughlin was the winner of the Breheny Medal. The highest polling Beaconsfield player was Leigh Clifford who was 10 votes of O'Loughlin.

Pakenham Gazette Team of the Year Three Beaconsfield Players made it into the Pakenham Gazette Team of the Year. Haydn Robins, Ross Jackson and Leigh Clifford (who was named Captain of the team)

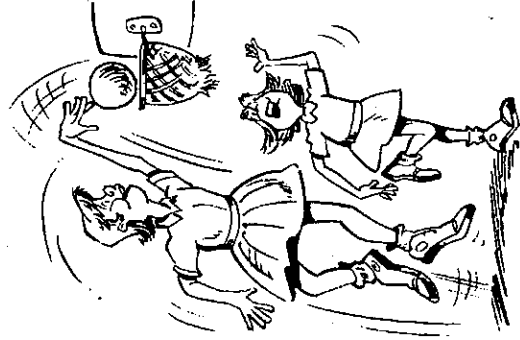


Baby News

To cap off a big few weeks for Haydn Robins his wife gave birth on the 8th September to a daughter. Congratulation Haydn and Tina on the arrival of Grace.

NETBALL

Not to be outdone by the footballers, Beaconsfield B Grade Netball Team won their Grand Final. Congratulation to the team made up of Kelly Carvill, Meagan Gillespie, Tina Harris, Peta Healey, Jade Hojnacki, Lauren Hollick, Hayley Jones, Shona Osborne, Kate Taylor, Nicole Varty and Coach Simon O'Shanassy.



BEACONSFIELD TENNIS CLUB

by M. Chatfield

tennis contact Lynne Day on 9707 4662 or Margaret Chatfield on 9707 2166

NIGHT COMPETITIONS.

Tuesday Night "Unisex Beginners to B Grade" Presentation and Break Up, Finalists were arrived at from the first half of the season as the second round was washed out. Everyone joined in the Round Robin ignoring the light drizzling rain. Winners: Graham Brown, Paul Wogan, Robert Amer, Katrina Gray, Runners Up: Peter Scalzo, Eric Buchler, Andrew Stevenson, Jenny Gibb. Summer Season starts 3rd October. Anyone wishing to play should contact Margaret Chatfield on 9707 2016

THURSDAY NIGHT MENS. A & B SINGLES/DOUBLES.

A Grade Winners: Top Guns, Runners Up MASH. B Grade Winners: Gunnabeens, Runners Up Night Stalkers.

Enquiries for Thursday Competition please contact Ian Craig on 9707 4507. Next comp. Starts 5th October. Tennis Coaching contact Robert Keighery on 9802 0820 Saturday Seniors contact Dawn Snelson on 9704 6852 Court Hire Margaret Chatfield 9707 2016



JUNIOR CLUB CHAMPIONSHIPS.

Beaconsfield Junior Tennis Club Championships were held on the 14th and 20th August. Weather being kind, made it enjoyable days for tennis and sausage sizzle lunches. Lynn Day thanked Heather Saunders, Margaret Chatfield and all the parents for their help and support on the day. A Grade Boys Singles - Warren Pearson 6/0 Runner Up Matthew Leonard. A Grade Girls Singles - Joanne Ronalds 6/3 Runner Up Alexander Ward B Grade Boys Singles - Ben White 6/1 Runner Up Russell Campbell B Grade Girls Singles - Lauren Amer 6/0 Runner Up Erin Mason A Grade Doubles - Warren Pearson & Brendon Tye 6/4 Runners Up Andrew Neilson & Matthew Taylor B Grade Doubles - Daniel Drummond & David Barlow 6/2 Runners Up Chris Amer & Lauren Amer C Grade Doubles - Sarah Corrigan & Daniel Noonan 6/4 Runners Up Kirby Manley & Jessica Surace. Please note Any Juniors wanting to play



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BRAIN TEASER ANSWERS

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2. Narre Warren
3. Perth at 3,432 Kms
4. Spring Street.

A cube is a solid object that has eight faces each of which are square. The cube has eight corners.

What is the name of another solid that has eight faces and yet has six corners? What is the shape of each of its eight faces?

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SCOUTING ABOUT

The Upper Beaconsfield Scout Group proudly present the Tower Challenge. This is an 8 kilometre fun run/walk which starts from the Upper Beaconsfield Recreation Reserve to the water tower on McKenzie Road and back to the school. This is a great day out and a fundraising for a local scout group. Please come along at 9am [registration starts from 7am] on Sunday the 26th November. Early bird cost - \$5 per person & \$2 children under 11 or Late entry fee \$8 and \$5. Great prizes and give aways. Inquiries David Bloom 5944 3310 or 0411 180059.



Anonymous.

PENFRIENDS

It's rather wonderful I think When friends are made by pen and ink. A piece of paper blue or white and someone decides she will write to someone she has never seen Who lives where she has never been? A pen becomes a magic wand two strangers start to correspond not strangers long but soon good friends just note how their last letter ends. How pleasant their exchange of views the comment on important news. Two friends who live far apart can gladden much each other's heart can nourish too each other's mind with good thoughts in letters kind It's truly wonderful I think when friends are made by pen and ink.

FRIENDS OF CARDINIA CREEK SANCTUARY

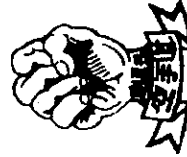
by Judy Smith

The events and activities removed. Bus tour of Waterways and Reserves in Shire of Cardinia. Educational day in Very informative. Over the last 2 years The Friends have worked on The Management Plan of the Cardinia Creek Sanctuary. Many thanks to Linda McLaren, our Treasurer and Secretary for having monthly meetings at her home and her delicious supper. It is great to have our Information Board up and hope to educate the public by our different environmental posters. The Friends work on fourth Sunday of each month 9am at the corner of Holm Park Road and Emerald Road. Inquiries 9707 1402.

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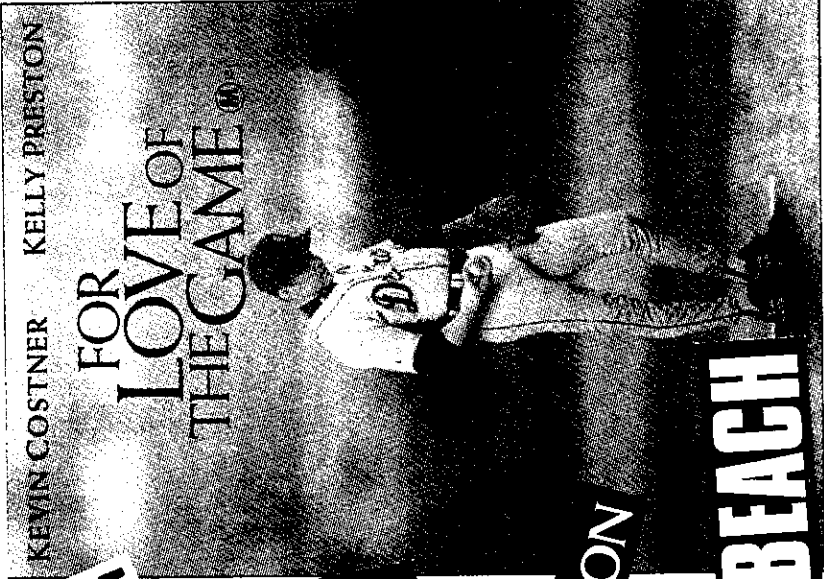
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SECRETARY: Brent Ziesler A.H.: 9796 2594 Fax: 9707 2557 Mobile: 0411 600 525

2000

2001

JULY

SUN	30	2	9	16	23
MON	31	3	10	17	24
TUES		4	11	18	25
WED		5	12	19	26
THURS		6	13	20	27
FRI		7	14	21	28
SAT	1	8	15	22	29

JANUARY

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AUGUST

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SAT	5	12	19	26	

FEBRUARY

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MARCH

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OCTOBER

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SAT	5	12	19	26	

DECEMBER

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JUNE

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